

# Pain Management *and* 'The Road To Health' Cancer Care Package

## with hypnosis

Presented By Stephen Chan F.I.A.P.H. Advanced.

Sat & Sun 13 & 14/9/08 @ The Allesley Hotel, Birmingham Road, Allesley Village, Coventry CV5 9GP

During these fun, informal day courses, you will learn the actual skills and know how, that will enable you to become recognised by the medical community, and the public as a highly trained and skilled hypnotherapist who does so much more than your average run of the mill hypnotist.

**Please note the courses can be taken separately - Sat: Pain Management / Sun: Cancer Help.**

Pain Management with hypnosis, subjects covered in this course include;

A brief history of medical hypnosis - The mind body connection - Why pain is subjective - The stress factor - Secondary gains - Suggestions that work - Inductions that work - Why we don't take away ALL of the pain - How to use hypno-anaesthesia.

The Road to Health is six session cancer help programme that is based upon the processes pioneered by Carl Simonton, subjects covered:

Your health, taking an active role - What has being ill brought me? - How to relax and visualize yourself back to health - The significance of positive imagery - Letting go of resentment - Creating a life worth living for - Messages of help from within - Pain Management - Exercise the natural stress buster - Handling the worry of relapse and death - The family support team.

Extensive info pack included with both courses, scripts and much more...

*"This very enjoyable day, a great mix of theory and practice, provided me with real skills in Pain Management and, more importantly, the knowledge of how and when to use them effectively and safely. As an added bonus, you get Stevie's Cancer Help Program included in his very detailed information pack. This is a complete guide to helping a client through their illness/treatments but is equally valid as a self-assessment, and potentially life-changing, approach to managing your own health and wellbeing. You win all round with this course...you add to your skills as a therapist, and, on a personal level, come away with a guide to optimising your own health."*  
**Elaine Brown - Hypnotherapist.**

The cost of attending the courses individually is just £85:00 each or

The two **special price** package is only £145:00 - refreshments and lunch included.

B & B is available at the Hotel at the specially negotiated rate of just **£35** (per person, per night)

----- BOOK NOW! PLACES ARE LIMITED -----

Pain Management and Cancer Care - COVENTRY- Sat & Sun 13th & 14th September 2008

Send to Stephen Chan, 28 Gilford Road, Portadown, N. Ireland, BT63 5EF

Name.....Telephone.....

Address.....

.....  
.....

I require bed & breakfast: Friday night    Saturday night    Sunday night    (please tick)

I enclose a cheque / Postal order for the sum of £85:00 or £145:00 **special price** for both days!

Signed.....

(cheques payable to Stephen Chan) (Bed and Breakfast costs paid directly to the hotel on the day) Your booking will be confirmed via email, with directions to the hotel. Non IAPH: please list your full details on reverse, inc email address.